



DiscNW Coaching Code of Conduct

At DiscNW, we want to ensure that all Ultimate games are fair, safe, spirited, and enjoyable for all children and adults involved. As such, we expect all coaches to abide by the following code of conduct during their participation in DiscNW events.

- I will read the one-page UPA Spirit of Coaching document and will abide by it. I can read the UPA Spirit of Coaching document at <http://www.upa.org/coaches/spirit>.
- I recognize that my example is powerful. I will serve as a positive role model for my players.
- I will abide by all rules and policies established by DiscNW and the field provider, and I will require my players, their parents, and all of our spectators to do the same. If I am unsure of or have questions about the rules and policies, I will ask the event coordinator.
- I will be a good field steward, leaving the fields cleaner than they were when we arrived, avoiding play on vulnerable fields (e.g., standing water or extremely muddy conditions), and treating other field users with respect.
- I will show up and start all games on time. If I am unable to field a team, I will make every effort to notify the opposing coach and event coordinator as early as possible.
- I have been trained in the nature and risk of concussion and head injuries, including the danger associated with continuing to play after concussion or head injury. Apropos of this, I will do the following:
 - Educate my players as to the signs and symptoms of concussion and head injuries, and encourage them to notify me if a player (including themselves) exhibits those signs or symptoms.
 - Remove from participation any player suspected of sustaining a head injury or concussion. I will not allow that player to return to participation until (s)he has been evaluated by a licensed health care provider trained in the evaluation and management of concussion and has received written clearance to play from that health care provider.
- I will collect medical authorization forms for all of my players and will take them with me to all games and practices. These forms will include emergency contacts, allergies and medical concerns, and parental authorization to seek medical treatment in their absence. (The DiscNW waiver contains this information, so a photocopy of each player's waiver should suffice.)
- I will bring a stocked first aid kit to all games and practices.
- I will report any violations of this Code to the event coordinator.

Signature: _____

Printed Name: _____ Date: _____

Team: _____

DiscNW is a 501(c)(3) non-profit whose mission is to serve as a regional resource, promoting growth in the sport of Ultimate and instilling the spirit of sportsmanship at all levels of play.

The DiscNW Youth Strategic Committee is tasked with the mission to drive the development of youth Ultimate in the Northwest by providing club, community, and school-based playing opportunities; promoting participation among underserved groups; and fostering leadership and sportsmanship through Spirit of the Game.